

# VARDZIA

6.-7. JUNE 2009

# ADVENTURE RACE

**Running: 6 km**

**Mountainbiking: 11,5 km**

**Rafting: 1.5 km**

Overall difficulty: moderate

**6 persons per TEAM**

Participation fee: 50 GEL/person

Registration valid after bank transfer

**Details and registration:**

[www.tourism-association.ge](http://www.tourism-association.ge)

[info@tourism-association.ge](mailto:info@tourism-association.ge)

phone +995 97 298 297

Organized by Georgian Tourism Association (GTA)  
in cooperation with ELKANA rural tourism project.  
Supported by Swiss Development Cooperation (SDC)



## VARDZIA ADVENTURE RACE

### General Information

**Location:** Vardzia, Samtskhe Javakheti Region, Georgia

**Date:** 6.-7. June 2009

**3 Disciplines:** Running (6km), Mountain biking (11,5 km), Rafting (1,5 km)

**6 persons per team:** 3 runners, 3 bikers, 6 rafters  
Participants: companies, international organizations, friends-groups and others...

**Equipment provided:** Bikes, Rafts and Tents for max. 12 Teams

**Equipment to bring:** Sleeping Bag & Mattress, 2 x Sports Wear, Jogging Shoes, Rain Jacket, personal utensils

**Transport:** Departure from Tbilisi by bus on Friday 4 p.m.

**Accommodation:** Camping in Vardzia  
(or self-arranged guesthouses in the region, i.e. Aspindza)

**Catering included:** Saturday (breakfast, lunch buffet, dinner) and Sunday (breakfast & lunch buffet) by Elkana ruraltourism project

**Registration fee:** 50,- GEL per person (300 GEL per team),  
Registration is valid only after bank transfer. Non refundable.

### Payment to: Georgian Tourism Association (GTA)

Bank details: JSC Bank Republic, Central Branch.  
Bank code: 220101757, Account in GEL 3608058855

## PROGRAMME

### Friday 5<sup>th</sup> June:

16.00 Departure from Tbilisi

20.00 Arrival of participants, camping

### Saturday 6<sup>th</sup> June:

9.30 Opening of Event

10.00 First Start (Teams 1-4)

12.00 Second Start (Teams 5-8)

14.00 Lunch Buffet

15.00 Third Start (Teams 9-12)

18.00 Dinner

21.00 Barbecue Party

### Sunday 7<sup>th</sup> June

11.00 Rafting Sprint Final (of team winners)

13.00 Award Ceremony

14.00 Lunch Buffet

15.00 Visit of Vardzia or

Vanis Qvabebi Monasteries (optional)

16.00 Departure to Tbilisi

### Organizer:

Georgian Tourism Association (GTA)  
in cooperation with Elkana ruraltourism  
supported by Swiss Agency for Development  
and Cooperation (SDC)

### Contact:

Georgian Tourism Association (GTA)  
18, Melikishvili Str.  
0179 Tbilisi

Phone: +995 97 298 297

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# VARDZIA Adventure Race 2009 Route

Vardzia Cave Monastery

1 Start Running, 4 Finish Rafting

3 Finish Biking, Start Rafting

2 Finish Running, Start Biking

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Google

41°23'43.23" N 43°18'16.33" E

Höhe 1542 m

Sichthöhe 10.12 km

