

VARDZIA

6.-7. JUNE 2009

ADVENTURE RACE

Running: 6 km

Mountainbiking: 11,5 km

Rafting: 1.5 km

Overall difficulty: moderate

6 persons per TEAM

Participation fee: 50 GEL/person

Registration valid after bank transfer

Details and registration:

www.tourism-association.ge

info@tourism-association.ge

phone +995 97 298 297

Organized by Georgian Tourism Association (GTA)
in cooperation with ELKANA rural tourism project.
Supported by Swiss Development Cooperation (SDC)



VARDZIA ADVENTURE RACE

General Information

Location: Vardzia, Samtskhe Javakheti Region, Georgia

Date: 6.-7. June 2009

3 Disciplines: Running (6km), Mountain biking (11,5 km), Rafting (1,5 km)

6 persons per team: 3 runners, 3 bikers, 6 rafters
Participants: companies, international organizations, friends-groups and others...

Equipment provided: Bikes, Rafts and Tents for max. 12 Teams

Equipment to bring: Sleeping Bag & Mattress, 2 x Sports Wear, Jogging Shoes, Rain Jacket, personal utensils

Transport: Departure from Tbilisi by bus on Friday 4 p.m.

Accommodation: Camping in Vardzia
(or self-arranged guesthouses in the region, i.e. Aspindza)

Catering included: Saturday (breakfast, lunch buffet, dinner) and Sunday (breakfast & lunch buffet) by Elkana ruraltourism project

Registration fee: 50,- GEL per person (300 GEL per team),
Registration is valid only after bank transfer. Non refundable.

Payment to: Georgian Tourism Association (GTA)

Bank details: JSC Bank Republic, Central Branch.
Bank code: 220101757, Account in GEL 3608058855

PROGRAMME

Friday 5th June:

16.00 Departure from Tbilisi
20.00 Arrival of participants, camping

Saturday 6th June:

9.30 Opening of Event
10.00 First Start (Teams 1-4)
12.00 Second Start (Teams 5-8)
14.00 Lunch Buffet
15.00 Third Start (Teams 9-12)
18.00 Dinner
21.00 Barbecue Party

Sunday 7th June

11.00 Rafting Sprint Final (of team winners)
13.00 Award Ceremony
14.00 Lunch Buffet
15.00 Visit of Vardzia or
Vanis Qvabebi Monasteries (optional)
16.00 Departure to Tbilisi

Organizer:

Georgian Tourism Association (GTA)
in cooperation with Elkana ruraltourism
supported by Swiss Agency for Development
and Cooperation (SDC)

Contact:

Georgian Tourism Association (GTA)
18, Melikishvili Str.
0179 Tbilisi
Phone: +995 97 298 297
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www.tourism-association.ge



VARDZIA Adventure Race 2009 Route

Vardzia Cave Monastery

1 Start Running, 4 Finish Rafting

3 Finish Biking, Start Rafting

2 Finish Running, Start Biking

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Google

41°23'43.23" N 43°18'16.33" E

Höhe 1542 m

Sichthöhe 10.12 km

