

VARDZIA

5-6 JUNE 2010

ADVENTURE RACE

Running: 6 km

Mountainbiking: 12,5 km

Rafting: 2.5 km

Overall difficulty: moderate

6 persons per TEAM

Participation fee: 100 GEL/person

Registration valid after bank transfer

I Prize: 3000 GEL Voucher

II Prize: 2000 GEL Voucher

III Prize: 1000 GEL Voucher

Details and registration:

www.tourism-association.ge

info@tourism-association.ge

phone +995 97 298 297

Organized by Georgian Tourism Association (GTA)

in cooperation with Department of Tourism and Resorts of Georgia

Sponsors: Imedi L, Geoland, Natakhtari brewery, Sportshop Magelani

Media Partners:



VARDZIA ADVENTURE RACE

General Information

Location: Vardzia, Samtskhe Javakheti Region, Georgia

Date: 5.-6. June 2010

3 Disciplines: Running (6km), Mountain biking (12,5 km), Rafting (2,5 km)

6 persons per team: 3 runners, 3 bikers, 6 rafters

Participants: companies, international organizations, friends-groups and others...

Equipment provided: Bikes, Rafts and Tents for max. 16 Teams

Equipment to bring: Sleeping Bag & Mattress, 2 x Sports Wear, Jogging Shoes, Rain Jacket, personal utensils

Transport: Departure from Tbilisi by bus on Friday 4 p.m.

Accommodation: Camping in Vardzia
(or self-arranged guesthouses in the region, i.e. Aspindza)

Catering included: Friday (Light dinner), Saturday (breakfast, lunch buffet, dinner) and Sunday (breakfast & lunch buffet)

Registration fee: 100,- GEL per person (600 GEL per team),
Registration is valid only after bank transfer. Non refundable.

Payment to: Georgian Tourism Association (GTA)

Bank details: JSC Bank Republic, Central Branch.

Bank code: 220101757, Account in GEL 3608058855

PROGRAMME

Friday 4th June:

16.00 Departure from Tbilisi

21.00 Arrival of participants, camping

21.30 Registration

22.00 Light dinner



Saturday 5th June:

8.00 Breakfast

9.30 Opening of Event

10.00 First Start (Teams 1-4)

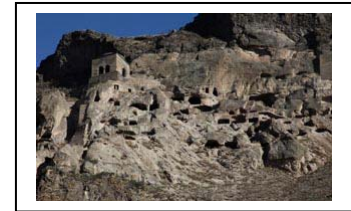
12.00 Second Start (Teams 5-8)

Lunch: flexible (12.00-14.00)

14.00 Third Start (Teams 9-12)

16.00 Fourth Start (Teams 13-16)

20.00 Barbecue Party



Sunday 6th June

10.00 Breakfast

11.00 Armwrestling competition

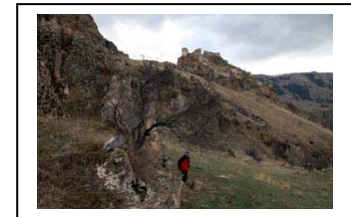
12.00 Beer Competition

13.00 Award Ceremony

14.00 Lunch

15.00 Free rafting for participants

17.00 Departure to Tbilisi



Contact:

Georgian Tourism Association (GTA)

18, Melikishvili Str.

0179 Tbilisi

Phone: +995 97 298 297

info@tourism-association.ge



Statute of Vardzia Adventure Race

1. Description of the Race

This is an adventure race conducted in groups, held in Vardzia, Samtskhe-Javakheti Region. The race has characteristics of extreme sports and, therefore, all the participants should take all the related risk factors into consideration. Responsibility in case of any risks rests on the participants.

2. Aim of Adventure Race

- Popularisation of Samtskhe-Javakheti Region and development of tourism segments such as trekking, biking and rafting tours;
- Advocate healthy lifestyle in the community;
- Training of the local population and, by doing so, boosting scopes for the creation of new tourism products in the region.

3. System, Place and Date of the Race

Date of the race is scheduled by the organisational group and is published on the web-site of Georgian Tourism Association. Place of conduct is the surrounding areas of Vardzia Monastery Complex in Samtskhe-Javakheti Region. The race is conducted in groups in three disciplines:

- Running (6km)
- Biking (12.5km)
- Rafting (2.5km)

There are 16 participant groups in the race. Each group consists of 6 participants. Any of the 3 persons in each group must take part in Running and finish the activity with the same staff. The remaining 3 participants of the group (bikers) get along the race only after the last runner crosses the winning post of Running and passes on the baton to the bikers. In parallel with Biking, the runners will be taken to the start of Rafting activity in minibuses by the organisational group. A group can start Rafting only as soon as all the 3 bikers finish the race, run the distance and approach the winning post for Biking. After that a group in its full staff (6 participants) gets involved into Rafting and covers the distance outlined for the activity. Rafting activity is considered to be finished when, while crossing the winning post, all the 6 participants are present in the rafting boat. All the participants are eligible to finish the scheduled task in all the disciplines (and, at the same time, fit into the timeframe for the activities: Running – 1 hour, Biking – 50 minutes, Rafting – 20 minutes). If any of the participants exceeds the timeframe for each discipline or for the whole race, the group is regarded to be disqualified. The overall time is counted at the start of Running activity and the final count is registered at crossing of the Rafting winning post. Time is counted individually for each group.

The groups are divided into 4 sub-groups through sortition. Each sub-group shall consist of 4 groups. Sortition is held an evening before the race, in public, at the meeting of the groups' leaders. Result of each group is registered individually and the winner is nominated based on the best time-indicator.

4. Applications and Conditions for Entry

- Applications must be submitted after official publication of the information on the web-site of Georgian Tourism Association, no later than a week prior to the race.
- Upon making the registration, each group must transfer the participation fee GEL 100 for each participant (GEL 600 for the whole group) to the account of Georgian Tourism Association.
- In order to make the registration, the participants should contact us at the e-mail address: info@tourism-association.ge and transfer the participation fee (GEL 600) to the account of Georgian Tourism Association. If the group changes its mind about the participation, the transferred money is not refunded.
- Participants of the race must be older than 18.
- Registration of the group is confirmed only after the participation fee is detected on the account of Georgian Tourism Association.
- Each participant must be able to swim.
- Physical readiness and health of the participants must be eligible for the adventure race.
- The participants must submit names of their groups, list and photos (photos in electronic form) of participants, their weight and height for the selection of the relevant equipment minimum a week prior to the race.

5. Services in the Framework of the Race

- Participants of the race will be provided following services for free, in the framework of the paid participation fee:
- Transportation Tbilisi – Vardzia – Tbilisi
- Overnight in tents. Each group is given 2 camps, each for 3 persons (the participants should bring sleeping bags and pads. Organisers of the race do not take up responsibility for the private belongings of the participants).
- Meals according to the programme of the race
- Transportation of the groups during the race (from the start of Biking till the start of Rafting, for the runners)
- Participants of the race may drive to Vardzia and get back to Tbilisi in their own cars. This must be indicated in the application in advance.
- Participants of the race may use their own bikes during Biking activity. This must also be indicated in the application in advance. Transportation of the participants' own bikes is not arranged by the organisers of the race.
- The participants are provided helmets, bikes and rafting boats for free.

6. General Guidelines of the Race:

- The participants must follow the itinerary scheduled by the organisers in advance without any derailment.
- A participant must not disturb or block another participant during Running artificially and intentionally.
- After the start of the relay-race participants cannot be either reorganised or exchanged.
- For security reasons, bikers and rafters must wear helmets during the race.

- Transfer of bikers from the start of Biking to the start of Rafting is conducted only in the transport arranged by the organisers.
- Spectators may not accompany the participants in cars during the race.
- The participants may not be given any assistance (except medical) during the race.
- For security reasons, each biker must cross Joldi Bridge on foot and transport their bikes themselves (bridge is marked on the map as a walking route).
- Before Rafting each participant must take on and mantle rafting jacket and helmet.
- If any of the rafting boats is taking over during Rafting, the participants must not block the way artificially, must not kick a paddle, touch another group's boat or put it aside using the paddle.
- Each participant must wear the breastplate that is delivered to them by the organisers prior to the race.
- The participants must not be under the influence of alcoholic drinks during the race.

Apart from the above-mentioned, other irregularities will be examined and discussed by the committee of referees who shall draw adequate decisions about each specific case.

If the guidelines stated above and rules initiated by the organisational group are not abided by the participants, the group gets disqualified and is removed from the race.

7. Nomination and Award of the Winners

Winning groups are nominated according to the best results in fitting with the timeframe. Result of each group is counted individually by the referees. The winners are awarded prizes and the challenge cup that will be kept with the winner group during a year. Next year the winner group must hand the challenge cup at the organisational committee of the adventure race.

8. Other Guidelines

- Organisational group of the race operates on the basis of the general guidelines for the referees.
- Organisers of the race will do their best to take the participants' fair queries into account, be it related to logistics or organisation of the race.
- Organisers of the race will do their best to ensure that the race is conducted safely, although in case of any incidents, accidents or injuries responsibility rests only on the participants.
- In order to ensure discipline and security during the race, the local municipality will provide police and emergency cars and personnel.
- Each participant must take an honest approach to the race and must stay committed that the race is conducted objectively without any excesses, align with the existing rules and guidelines set up by the organisers.

Registration form for Vardzia Adventure Race:

Please register our team for Vardzia Adventure Race 2010 with the following staff:

Name of the Team:

	Name, Second Name	ID Number	Height and Weight	Signature
1.				
2.				
3.				
4.				
5.				
6.				

Under the name of our team we, the abovementioned persons, by signing this document confirm that we have read and agreed upon the terms of the Statute of Vardzia Adventure Race and its regulation rules.

Transportation to and from Vardzia in our own car Yes No

Participate with our own bikes Yes No

Note: The group is regarded to be registered as soon as the participation fee is transferred and the passport photos of the team members are sent to the e-mail in electronic form (please name the photos according to the names of participants).